**ЗАЯВКА**

**на прохождение тестирования в рамках Всероссийского физкультурно-спортивного комплекса «Готов к труду и обороне» (ГТО)**

**по \_\_\_силовая подготовка**

(вид испытаний)

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| **№** | **ФИО** | **УИН участника** | **Наклон** | **Прыжок** | **Поднимание туловища**  **из положения лежа на спине** | **Подтягивание из виса на высокой перекладине** | **Подтягивание из виса лежа на низкой перекладине** | **Рывок гири 16 кг** | **Метание** | **Сгибание разгибание рук в упоре** | **Допуск врача** |
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(*наименование организации*)

Всего в заявке допущено \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_человек

Представитель команды\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/

Врач\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/

Руководитель \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_/

м.п. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

дата